

## TOP 10 POSITIVE BALANCERS

- 27.50 **ABC Gymnema Sylvestre Leaf** 2 Capsules 1 times per day
- 19.15 **ABC Chewable Acerola C Complex** 4 Tablets 1 times per day
- 13.76 **ABC Sleep Blend** 3 Capsules 1 times per day
- 13.38 **ABC Prostate Essentials Plus** 3 Capsules 3 times per day
- 9.11 **ABC Tri-Fiber Complex** 3 Capsules 3 times per day
- 7.05 **ABC Super Calcium-Magnesium** 3 Capsules 1 times per day
- 6.94 **ABC 7-Keto DHEA** 3 Capsules 1 times per day
- 5.60 **ABC Calms Forte** 3 Tablets 6 times per day
- 5.48 **ABC Sinus** 3 Tablets 1 times per day
- 2.90 **ABC Glucosamine, Chondroitin & MSM** 4 Capsules 1 times per day

## BALANCER DESCRIPTIONS

### **ABC Gymnema Sylvestre Leaf** 2 Capsules 1 times per day

2 Capsule(s) 1 times per day

Promotes healthy glucose metabolism

A traditional Ayurvedic sugar-metabolizer

Each capsule delivers 400 mg of gymnema sylvestre leaf powder

From the tropical regions of India comes gymnema sylvestre, an Ayurvedic remedy promoting healthy metabolic function. Used for nearly 2,000 years in India's Ayurvedic tradition, gymnema sylvestre is also renowned for helping maintain healthy glucose levels. Each convenient capsule of Swanson Premium Brand Gymnema Sylvestre delivers 400 mg of gymnema sylvestre leaf powder.

### **ABC Chewable Acerola C Complex** 4 Tablets 1 times per day

4 Tablet(s) 1 times per day

Tremendous source of vitamin C nutrition

Fortified with acerola, rutin, black currant extract and more

Great-tasting chewable raspberry and lemon flavored tablets

An excellent source of vitamin C for people who have a hard time swallowing pills, these great-tasting chewable wafers supply 500 mg of vitamin C fortified with citrus bioflavonoids, acerola berry extract, rose hips, black currant extract, and rutin for enhanced bioavailability.

### **ABC Sleep Blend** 3 Capsules 1 times per day

3 Capsule(s) 1 times per day

Sleep Blend contains valerian, hops, skullcap, passion flower, dandelion, chamomile, marshmallow, howthron and various homeopathics.

### **ABC Prostate Essentials Plus** 3 Capsules 3 times per day

3 Capsule(s) 3 times per day

An excellent choice for prostate and urinary tract support

Combines standardized saw palmetto, SeleniumSELECT selenium, Lyc-O-Mato lycopene, nettle (*Urtica dioica*) and more

For comprehensive daily prostate care, Prostate Essentials Plus is in a class by itself. Formulated with the highest-quality natural ingredients available, this advanced prostate health supplement combines guaranteed-potency saw palmetto extract (standardized to 25 percent fatty acids) and a host of complementary amino acids and herbs with the antioxidant protection of Lyc-O-Mato lycopene, SeleniumSELECT selenium and zinc picolinate! It's a great natural way to take charge of your prostate health.

### **ABC Tri-Fiber Complex** 3 Capsules 3 times per day

3 Capsule(s) 3 times per day

Combines three natural fibers for comprehensive digestive system health

Terrific nutrition for total cardiovascular care and healthy bowel function

Features psyllium powder, oat bran and apple pectin powder

Do the right thing for your heart and your colon; make Tri-Fiber Complex part of your daily dietary plan. A good daily supply of dietary fiber is crucial for cardiovascular health and for maintaining normal bowel function. Unfortunately, most of us don't get enough fiber in our regular diet. That's where Tri-Fiber Complex can help. This all-natural formula makes it easy to get the fiber you need every day by combining psyllium, oat bran and apple pectin in convenient capsules.

### **ABC Super Calcium-Magnesium** 3 Capsules 1 times per day

3 Capsule(s) 1 times per day

Potent support for healthy bones

Each three-softgel serving delivers a full day's supply of calcium, magnesium and vitamin D

Fortified with bone-building boron

Formulated to provide a balanced nutritional approach to bone maintenance, these high- bioavailability softgels combine calcium and magnesium with the trace mineral boron. To facilitate the absorption of these minerals, each three-softgel serving provides a full day's supply of vitamin D.

### **ABC 7-Keto DHEA** 3 Capsules 1 times per day

3 Capsule(s) 1 times per day

Safe, effective hormonal support for your weight-management program

A patented metabolite of DHEA that doesn't convert into sex hormones

Promotes lean muscle mass

Get safe, effective hormonal support for your weight-management program with 7-Keto DHEA. A patented metabolite of DHEA (dehydroepiandrosterone) that doesn't convert into sex hormones, 7-Keto promotes thermogenesis to enhance lean body mass safely and naturally.

**ABC Calms Forte 3 Tablets 6 times per day**

3 Tablet(s) 6 times per day

Works gently and naturally to relieve nervous tension

Delivers soothing support without any side effects

Perfect for daytime or nighttime use

Get fast, natural relief from the symptoms of simple nervous tension and sleeplessness with Calms Forte. This homeopathic sleep aid is a safe and effective formulation, perfect for daytime or nighttime use.

**ABC Sinus 3 Tablets 1 times per day**

3 Tablet(s) 1 times per day

A homeopathic remedy to stomp out the sniffles

Stimulates the body's natural healing response

No side effects

Say goodbye to the sniffles! ABC's Sinus formula is a traditional homeopathic remedy for symptoms of runny nose and sinus congestion due to the common cold. Safe for adults and children, it stimulates the body's natural healing response without contraindications or side effects.

**ABC Glucosamine, Chondroitin & MSM 4 Capsules 1 times per day**

4 Capsule(s) 1 times per day

Three-in-one joint health formula

Features the cartilage-building nutrients glucosamine and chondroitin

Also a great source of MSM, a source of sulfur for tendons and ligaments

This three-in-one joint-health formula combines the cartilage-building nutrition of glucosamine and chondroitin with the additional support of MSM (methylsulfonylmethane), a high-bioavailability source of organic sulfur, which is an essential mineral for tendons, ligaments, and other vital joint tissues. Together, they provide a solid nutritional approach for daily joint maintenance.